



"...teaching today's girls to be tomorrow's leaders."™

GIRL TALK FOUNDATION, INC. Programming Calendar 2009

February 7 & October 17--Girl Talk College Tour

Girl Talk offers a one-day college tour to 35 girls (ages 11-16) who visit two colleges and/or universities in or out-of-state. Girls receive a private tour guide at each location, journals to keep track of information and a light lunch. A minimal registration fee is required. Girls register on a first-come, first serve basis.

April 3 & 4--Girl Talk Prom Project @ ImaginOn

Girl Talk collects slightly used and new prom dresses during a 12-hour radio broadcast to donate to teen girls in need. The girls are then invited to attend a one-day event where they get to choose their prom dress, shoes and accessories free of charge. As a pre-requisite to shopping, girls also attend an etiquette class that includes hair and make-up tips and fashion advice. The class is designed to provide girls with the skills needed to pull off a totally classy evening.

Feb. 12, March 12, April 9, May 14, June 13, July 9, August 13, September 10, October 8 & November 12--Girl Talk Teen Summit

Girl Talk offers a FREE open forum for teens "boys and girls" to discuss their issues including, but not limited to health, relationships, education and more. It is a 90-minute rap session led by professionally trained facilitators and also includes food, live entertainment and contests.

June 22-26--Girl Talk "Loving My Body" Summer Fitness Camp

Girl Talk wants to reduce the risk of obesity in young girls through the Girl Talk Fitness Camp. Our goal is to instill the importance of positive body image through a vigorous one-week fitness program for 40 girls. The program focuses on nutrition, exercise, team building and self-esteem building initiatives, drama and dance led by professionally trained facilitators and counselors. The Fitness Camp, from 8am-5:30pm, is also designed to educate girls on the importance for healthy living.

August 29-November 7--Girl Talk Tailoring Teens for Success Curriculum Session

The Girl Talk Tailoring Teens For Success Curriculum is an 11-week character building program designed to teach critical thinking, leadership skills and promote positive esteem to 35-40 young girls through a variety of sessions, including, but not limited to, self-esteem, anger management, dating violence, etiquette/personal image, relationships and finance.

November 14--Girl Talk Graduation Ceremony

Girl Talk rewards all program participants for completing the Girl Talk Tailoring Teens For Success Curriculum with our signature recognition event "The Girl Talk Graduation Ceremony. The ceremony, held at an offsite location, includes a specially invited keynote speaker, graduation certificates and a life-long keepsake for each graduate that represent the principles of the Girl Talk Foundation, Inc. The event includes food and live entertainment.

December 5--Girl Talk Winter Service Project

Girl Talk emphasizes community service and volunteerism to all program participants through of Winter Service Project. Teen girls in the community are invited to participate in this project designed to improve the quality of life for residents in the Charlotte area.

Teen Advisory Board—

Girl Talk encourages our girls to be leaders in their community. Girls meet monthly to discuss upcoming Girl Talk events, assist with volunteerism in the community, create fundraisers, and represent Girl Talk in various community activities including workshops, focus groups, parades and more.